

# CROSS COUNTRY GRAND PRIX COURSE RECORDS

as at 18/12/2011

## GIRLS/LADIES

OPEN				CLUB	
AGE	NAME	CLUB	TIME	NAME	TIME
U9	Melissa Glen	NOL	2m51	Thea Howlett	3m00
U11	Gillian Moss	WNA	8m02	Samantha Koziel	8m41
U13	Kiera Mooney	CN	10m59	Cheryl Fisher	11m05
U15	Rebecca Daines	WNA	10m27	Kelly Marsters	10m37
U17(4.5k)	Danielle Nimmock	CN	16m19	Kelly Marsters	17m33
U17(5k)	Ruth Senior	CN	17m45	Kelly Marsters	18m00
U17(6.5k)	Charlotte Taylor	NVH	22m41	Rebecca Tuff	30m07
Senior (5k)	Danielle Nimmock	CN	17m05	Caroline Hipkin	17m38
Senior (6.5k)	Danielle Nimmock	CN	22m59	Marie French	23m54
Senior (9k)	Danielle Nimmock	CN	30m53	Caroline Hipkin	31m42
Vet 35 (5k)	Claire Forbes	CN	17m38	Caroline Wakefield	19m03
Vet 35 (6.5k)	Claire Forbes	CN	23m55	Caroline Wakefield	25m40
Vet 35 (9k)	Sandra Bower	THT	32m15	Caroline Wakefield	34m18
Vet 45 (5k)	Jane Clarke	GAZ	17m40	Pat Read	21m28
Vet 45 (6.5k)	Jane Clarke	CN	23m55	Sarah Taylor	29m31
Vet 45 (9k)	Jane Clarke	CN	31m55	Annie Bradbury	38m38
Vet 55 (5k)	Veronica Manly	WYM	21m42	Gill Hart	25m44
Vet 55 (6.5k)	Veronica Manly	WYM	28m58	Gill Hart	33m48
Vet 55 (9k)	Veronica Manly	WYM	38m16	Gill Hart	45m56

## BOYS/MEN

AGE	NAME	CLUB	TIME	NAME	TIME
U9	Alex Westdijk	HAV	2m47	Robert Simmonds	2m50
U11	James Skingsley	NOL	7m46	Ashley Smith	7m48
U13	Ashley Waterson	CN	10m02	Andrew Simmonds	10m29
U15	Paul Ratnage	RYS	9m29	Paul Ratnage	9m29
U17(4.5k)	James Robinson	WN	14m15	Ben Whitworth	14m44
U17(5k)	Paul Ratnage	RYS	15m17	Paul Ratnage	15m17
U17(6.5k)	James Robinson	WN	20m05	Ashley Hallums	22m17
JM(5k)	Greg Billington	NEW	14m55	Ashley Hallums	15m47
JM(6.5k)	Ashley Harrell	CN	20m29	Robert Simmonds	22m46
JM(9k)	Robert Joy	NOL	27m50	Ben Whitworth	28m33
Senior (5k)	Guy Amos	CN	14m22	Peter Duhig	15m01
Senior (6.5k)	Robert Joy	GAZ	20m09	Ian Hogarth	21m34
Senior (9k)	Robert Joy	GAZ	26m38	Peter Duhig	28m27
Vet 40 (5k)	Guy Amos	CN	15m13	Peter Duhig	15m28
Vet 40 (6.5k)	Guy Amos	CN	20m14	Malcolm Tuff	21m59
Vet 40 (9k)	Guy Amos	CN	27m14	Peter Duhig	28m10
Vet 45 (5k)	Guy Amos	CN	15m18	Julio Costa	15m59
Vet 45 (6.5k)	Guy Amos	CN	20m32	Julio Costa	21m31
Vet 45 (9k)	Guy Amos	CN	28m33	Peter Duhig	29m42
Vet 50 (5k)	Bert Wilkinson	DUK	16m52	Ian Vaughan-Arbuckle	17m00
Vet 50 (6.5k)	Stan Owen	NVH	22m07	Dave Robinson	23m59
Vet 50 (9k)	Bert Wilkinson	DUK	29m54	Ian Vaughan-Arbuckle	30m36
Vet 55 (5k)	Richard Blake	GYRR	17m52	Bert Wilkinson	18m44
Vet 55 (6.5k)	Bill Morgan	THET	24m06	Bert Wilkinson	24m50
Vet 55 (9k)	Richard Blake	GYRR	32m08	Bert Wilkinson	33m02
Vet 60 (5k)	Peter Oldman	RRC	18m44	Bert Wilkinson	19m40
Vet 60 (6.5k)	Kevin Youngs	GAZ	24m20	Bert Wilkinson	25m58
Vet 60 (9k)	Derry Kelleher	CN	33m12	Bert Wilkinson	35m54